Incoherent interlayer conductivity of layered systems

Misha Turlakov

Cavendish Laboratory, University of Cambridge, Cambridge, CB3 OHE, UK

The criterion for the maximum incoherent conductivity $\sigma_{c,max}$ in the anisotropic system is shown to be $\sigma_{c,max}\sigma_{ab}=C(e^2/h)^2n_{2D}$, where n_{2D} is the two-dimensional electron density, and C is a numerical constant of order one. A model of c-axis interlayer conductivity of layered system in the incoherent regime is developed. The temperature dependence of the c-axis conductivity is derived to be $\sigma_c(T) \sim T^{\alpha}$, where α is determined by the effective strength of the interplane voltage fluctuations. The "pseudogap" phenomenon of suppressed interplane conductivity at low frequencies (or low voltages) is discussed.

PACS numbers:74.25.-q, 74.25.Fy, 74.25.Gz

The nature of the interplane transport properties of various layered materials (cuprates^{1,2}, ruthenate $Sr_2RuO_4^3$, and some other inorganic and organic compounds⁴) has been of great experimental and theoretical interest. In these systems, the incoherent c-axis transport (defined as non-metallic temperature dependence of resistivity and the non-Drude optical conductivity) can coexist with metallic in-plane transport. For most of the cuprate compounds the c-axis conductivity is incoherent, although for some cuprates (especially upon overdoping) the c-axis conductivity is metallic or coherent. Another example is Sr_2RuO_4 , where the incoherent c-axis conductivity is observed above 130 K^3 .

The interplane tunneling must be viewed as a many-body process from a class of orthogonality catastrophes when the tunneling electron unavoidably excites various degrees of freedom of the correlated electron liquid. In this paper I develop a model⁵ to describe the incoherent interplane tunneling which takes into account the effect of charge fluctuations excited during the process of tunneling. The effect of these charge fluctuations is to decohere and to suppress strongly the probability of interplane tunneling.

The coherent band c-axis transport (for instance, the case for Sr_2RuO_4 below 130 K) is well described and understood in the framework of anisotropic Drude model, while the theory of the incoherent c-axis transport remains controversial^{1,2}. Without relying on any specific description of the incoherent tunneling, it is possible to derive a simple estimate for a crossover between coherent and incoherent regimes. This estimate can be made by comparing the duration of the interplane hopping time τ_{hop} and the in-plane scattering time τ_{ab} . In the case of incoherent electron hopping the c-axis diffusion constant D_c can be written as follows $D_c = d^2/\tau_{hop}$, where d is the interplane distance. The Einstein relation allows to relate the c-axis conductivity and the c-axis diffusion constant

$$\sigma_c = \frac{e^2 \nu_{2D} D_c}{d} = \frac{e^2 \nu_{2D} d}{\tau_{hop}},\tag{1}$$

where $\nu_{2D} = m^*/(\pi \hbar^2)$ is the two-dimensional density of

states. The in-plane scattering time τ_{ab} can be estimated from the standard Drude formula $\sigma_{ab} = (e^2 \nu_{2D} D_{ab})/d$, where $D_{ab} = v_F^2 \tau_{ab}/2$. Thus the hopping time τ_{hop} and the in-plane scattering time τ_{ab} can be calculated from experimental values of the corresponding conductivities (and the density of states ν_{2D}). The description of incoherent interplane hopping is consistent if the hopping time τ_{hop} is much longer than the scattering time τ_{ab} . It exactly means that the interplane tunneling is "disrupted" by the inelastic scattering in the planes. Due to the long duration of the interplane tunneling $(\tau_{hop} \gg \tau_{ab})$, the in-plane scattering influences not only the in-plane propagation but also independently the tunneling process. In other words, collective excitations (e.g. voltage fluctuations) in a wide range of frequencies larger than \hbar/τ_{hop} can be excited by the tunneling electron. Note that the opposite condition is required for the validity of the coherent hopping, namely, the in-plane scattering time τ_{ab} must be longer than the characteristic interplane tunneling time \hbar/t_{\perp} , where t_{\perp} is the tunneling matrix element. Apparently, the crossover between two regimes happens when the interplane hopping time τ_{hop} becomes comparable or equal to the in-plane scattering time τ_{ab} . By multiplying the left and right hand sides of the expressions for the c-axis and in-plane conductivities given above and using the crossover condition $\tau_{hop} \simeq \tau_{ab}$, we derive an estimate for the maximum incoherent c-axis conductivity $\sigma_{c.max}$

$$\sigma_{c,max}\sigma_{ab} = C\left(\frac{e^2}{h}\right)^2 n_{2D},\tag{2}$$

where $n_{2D} = k_F^2/(2\pi)$ is the two-dimensional electron density, C is a constant of order 1 which cannot be determined with the above qualitative argument. The condition (2) was derived from the premises of the incoherent transport. Accordingly, it can be compared with a very similar criterion for the minimum metallic conductivity derived from the anisotropic Drude model with simplifying assumptions⁶. The condition (2) can be considered as the generalisation of the Ioffe-Regel-Mott minimum metallic conductivity for anisotropic layered systems. The Eqn. 2 can be rewritten as following

$$\sigma_{c,max}\sigma_{ab} = 2\pi C \sigma_{MIR}^2, \tag{3}$$

where $\sigma_{MIR} = \frac{e^2}{h} k_F$ is the Mott-Ioffe-Regel conductivity. The salient point is that the crossover from the incoherent conductivity to the metallic c-axis conductivity can happen for σ_c significantly smaller than σ_{MIR} (if $\sigma_{ab} \gg \sigma_{MIR}$), contrary to the naive application of the standard Mott-Ioffe-Regel condition. The above fact that at crossover $\sigma_c \ll \sigma_{MIR}$ was noticed widely for high- T_c cuprates.

It is interesting that the condition (2) is expressed only through the two-dimensional (2D) density n_{2D} and independent from interaction related renormalisations. For a typical metallic 2D density $n_{2D} \sim 10^{15} cm^{-2}$ of layered materials and choosing $C \sim 1$, the condition for the product of in-plane and out-of-plane conductivities gives $\sigma_{c,max}\sigma_{ab} \sim 10^6 (\Omega cm)^{-2}$ (or equivalently, $\rho_{c,min}\rho_{ab} \sim 10^{-6} (\Omega cm)^2$). This criterion is roughly consistent with experimental observations of crossover between incoherent hopping and coherent band transport. Indeed, the crossover as a function of temperature in Sr_2RuO_4 and the crossover as a function of doping in various cuprates occurs roughly when $\rho_c\rho_{ab} \sim 10^{-6} (\Omega cm)^2$.

Next I demonstrate briefly the generalisation of the tunneling formalism in the presence of the voltage fluctuations (more details can be found in Ref.^{5,7,8}). The voltage fluctuations which suppress strongly the tunneling can be related to the in-plane conductivity $\sigma_{ab}(\omega)$ by the use of the fluctuation-dissipation theorem. The main part of the paper is devoted to the calculation of the specific results for the temperature and frequency dependencies of the c-axis conductivity $\sigma_c(\omega, T)$. At the end of the paper, I discuss experimental data which can be understood with the help of the developed here theory.

The time-dependent tunneling formalism allows us to derive the expression for the tunneling current I(V) between two metallic planes as a function of applied voltage V.

$$I(V) = \frac{2eS}{\hbar} \int dE dE' dk dk' |t_{\perp}(k,k')|^2 A_1(k,E) A_2(k',E')$$

$$\times \{ f(E)(1-f(E')) P(E+eV-E',k-k') - f(E')(1-f(E)) P(E'-eV-E,k-k') \}, \tag{4}$$

where $A_{1,2}(k, E)$ are the spectral functions, f(E) is a Fermi function, and P(E, k) is a Fourier transform of the tunneling probability function P(r - r', t - t'). The essential new quantity here in comparison with standard treatment⁹ is the tunneling probability function P(r - r', t - t'):

$$P(\delta r = r - r', \delta t = t - t') \equiv exp(-R(\delta r, \delta t)), R(\delta r, \delta t) \equiv$$

$$\equiv \int \frac{d\omega d^2 q}{\omega^2} \langle \delta V_{q,\omega}^2 \rangle (1 - \cos(\omega \delta t + \vec{q} \vec{\delta r})) \coth \frac{\omega}{2T}, \quad (5)$$

where $\langle \delta V_{q,\omega}^2 \rangle$ is the spectrum of the interplane voltage fluctuations. The tunneling probability function $P(\delta \epsilon, \delta k)$ is the probability of loosing or gaining energy

 $\delta\epsilon$ and momentum δk from "the electromagnetic environment" of the voltage fluctuations during tunneling. Perhaps, the most serious assumption in the derivation of Eqn. 4 is that the effects of interactions (e.g. voltage fluctuations) on the tunneling probability $P(\delta E, \delta k)$ and the in-plane spectral functions $A_{1,2}(k,E)$ can be considered separately.

Given the spectrum of the interplane voltage fluctuations $\langle \delta V_{q,\omega}^2 \rangle$, the tunneling probability $P(\delta r, \delta t)$ (or a Fourier image $P(\delta\epsilon, \delta k)$) can be calculated from Eqn. 5. Under certain requirements the tunneling probability function $P(\delta\epsilon, \delta k)$ is independent of the change of the momentum δk implying the diffusivity of tunneling (the momentum of the electron parallel to the planes is not conserved after the tunneling). These requirements have transparent physical meaning to ensure the diffusivity of tunneling (see Ref.^{5,8}). The tunneling must be "slow" $\tau_{hop} \gg \hbar/kT$, and the in-plane conductivity $\sigma_{2D} = \sigma_{ab}d$ cannot be much larger than the quantum conductance $\sigma_Q \equiv e^2/\hbar$ (therefore the spreading of the electron density from the tunneling point is also slow). The calculations are significantly simplified if the tunneling is diffusive. We consider below only the case of the diffusive tunneling, since these conditions are satisfied (see Ref. 5,8) for the most interesting case of cuprates . If any of these conditions (still in the regime of incoherent hopping $\tau_{hop} > \tau_{ab}$) is violated, the full structure of the probability function $P(\delta\epsilon, \delta k)$ is necessary to consider to account for a partial momentum conservation.

Under the conditions of the diffusive tunneling, Eqn. 4 can be simplified by the integration over the in-plane momenta (k, k'):

$$\sigma_c(V) = \frac{et_{\perp}^2 d\nu_{2D}^2}{\hbar} \frac{1 - e^{-\beta eV}}{V} \int_{-\infty}^{+\infty} d\epsilon \frac{\epsilon P(eV - \epsilon)}{1 - e^{-\beta \epsilon}}.$$
 (6)

In the derivation of the Equation 6 we assumed additionally that: (a) the density of states $\nu_{2D}(E) = \nu_{2D}$ is constant close to the Fermi surface (b) the tunneling matrix element t_{\perp} is given by the averaged value around the Fermi surface (under conditions of the diffusive tunneling, the angular variation of the local tunneling matrix element¹⁰ is not particularly important).

To model the interplane voltage fluctuations spectrum $<\delta V_{q,\omega}^2>$ we consider a pair of planes coupled by Coulomb interaction. It can be shown that the necessary generalisation to a stack of planes coupled by Coulomb interaction does not change the essential results. The voltage fluctuations which most effectively "detune" (or decohere) the interplane tunneling are antisymmetric with respect to the planes. When electron tunnels between planes, these antisymmetric fluctuations are readily excited and dampen the tunneling. The voltage fluctuations (Johnson-Nyquist noise) can be calculated by using the fluctuation-dissipation theorem which relates them with the frequency dependent in-plane conductivity $\sigma_{2D}(\omega) = \sigma_{ab}(\omega) d^8$: $<\delta V_{q,\omega}^2 >= \frac{\hbar e^4}{\pi} V_a^2(q) Im \chi_{q,\omega}^a$,

$$\chi_{q,\omega}^a \simeq \frac{\sigma_{2D}(\omega)q^2}{-i\omega + \sigma_{2D}(\omega)V_a(q)q^2},$$
(7)

where $\chi_{q,\omega}^a$ and $V_a(q)=2\pi e^2(1-e^{-qd})/q$ are the charge susceptibility and Coulomb interaction in the antisymmetric channel in two dimensions. The integration over momentum gives the local voltage fluctuations

$$<\delta V_{\omega}^{2}> \simeq \frac{\sigma_{Q}}{\pi^{2}Re\sigma_{2D}(\omega)}\omega ln\left(\frac{2\pi Re\sigma_{2D}(\omega)q_{c}^{2}d}{\omega}\right), \quad (8)$$

where $\sigma_Q = e^2/\hbar$ is the quantum conductance¹¹, and q_c is an upper momentum cutoff which we can take as the inverse screening length $\kappa = 2\pi e^2 \nu_{2D}$ or the inverse of the interplane distance 1/d.

Under the assumptions of the diffusive tunneling it is sufficient to calculate the local tunneling probability $P(\delta r=0,\delta t)$, because the tunneling probability is strongly peaked at $\delta r=0$. The function $R(\delta r=0,\delta t)$ in the exponent of the $P(\delta r=0,\delta t)$ is $R(\delta r=0,\delta t)\simeq \frac{\delta t}{T_0}+\alpha ln(2\pi\sigma_{2D}\kappa^2 d/(kT))$, where

$$\alpha = \frac{\sigma_Q}{\pi^2} \int_{kT}^{\omega_c} \frac{d\omega}{\omega \sigma_{2D}(\omega)},\tag{9}$$

and $\tau_{\phi} = \pi \sigma_{2D}/(2\sigma_{Q}kT)$. The first term in the expression for $R(\delta r = 0, \delta t)$ is determined by the low frequency fluctuations ($\omega < kT$), while the second term is due to the higher frequency fluctuations ($\omega > kT$). The high-frequency cutoff ω_{c} can be taken as either the inverse of the underbarrier traversal time $\hbar/\tau_{tr} \sim 1eV$ or the frequency of the interband transitions ($\sim 1-2eV$) above which the c-axis conductivity increases substantially. The tunneling probability $P(\delta r = 0, \delta t)$ allows to calculate the temperature dependence of the c-axis conductivity from Eqn. 6. If the low frequency in-plane conductivity is not strongly temperature independent $\sigma_{ab}(\omega \to 0) = const$ (e.g. the residual conductivity), the essential temperature dependence of the c-axis conductivity is

$$\sigma_c(T) \sim T^{\alpha},$$
 (10)

where α (defined by Eqn. 9) is very weakly temperature dependent exponent of the integrated weight of the voltage fluctuations. The above result for the temperature dependence of the c-axis conductivity as well as the frequency dependence discussed below are the main results of the paper. It is important to notice that the main contributions to the exponent α (as can be clearly seen from the Eqn. 9) come not only from small frequencies but also from high frequencies where the optical in-plane conductivity $\sigma_{2D}(\omega)$ is small.

The results for the temperature dependence of the c-axis conductivity depend sensitively on the low frequency fluctuations spectrum (or in other words, on the temperature dependence of the in-plane conductivity $\sigma_{ab}(\omega < kT)$). For instance, if as observed for the optimally doped

cuprates the in-plane conductivity has a strong temperature dependence $\sigma_{ab} \sim 1/kT$ with a negligible residual conductivity, the temperature dependence of the interplane conductivity is modified to $\sigma_c(T) \sim T^{\alpha-1}$. Another complication is that the low frequency spectrum of interplane voltage fluctuations are affected by the small but finite interplane conduction. Due to the interplane conduction, the interplane voltage fluctuations are suppressed for the frequencies below the inverse hopping time $(\omega < 1/\tau_{hop})$. If the condition $1/\tau_{hop} \ll kT$ is satis field which is the case only for the strongly anisotropic materials, we can neglect the effects of the interplane conduction on the fluctuations spectrum. But if the hopping frequency $1/\tau_{hop}$ approaches kT, then the suppressed interplane fluctuations below $\omega < 1/\tau_{hop}$ do not dampen the tunneling. The account of self-consistent corrections from such effects (together with a possibility of tunneling with partial momentum conservation) presents a complicated problem, and this paper is intended to capture only the main results under the simple conditions. For the same reason, the description of the crossover from the incoherent hopping to the coherent band propagation appears to be a difficult problem.

It is interesting to note that the formalism using the tunneling probability function can be used to rederive the anomalous corrections to the tunneling density of states of the disordered film¹². The voltage fluctuations in the disordered film are given by the expression of Eqn. 7 with $V_a(q)$ substituted by Coulomb interaction in the two-dimensional plane $V_{2D}(q) = 2\pi/q$. For the disordered film with a short elastic scattering time τ the in-plane conductivity $\sigma_{2D}(\omega)$ is temperature and frequency independent (up to the frequency $1/\tau$). The calculation of the tunneling probability gives

$$P \sim exp \left[-\frac{\sigma_Q}{\pi^2 \sigma_{2D}} ln \left(\frac{\omega_c}{kT} \right) ln \left(\frac{2\pi \sigma_{2D} \kappa}{kT} \right) \right].$$
 (11)

This nonperturbative expression for the diffusive anomaly is equivalent to the results in the literature¹². The fluctuation-dissipation theorem used above guarantees the equivalence of the two approaches, the one based on the self-consistent linear response of the electron liquid to the tunneling electron and the other based on the account of the voltage fluctuations.

One of the most distinct properties of incoherent transport is the frequency dependence of the optical conductivity. The c-axis optical conductivity $\sigma_c(\omega)$ in the incoherent regime is generally flat (or almost frequency independent) with suppression at low frequencies in some cases. Even qualitatively, it is very different from metallic (Drude peak centred around $\omega=0$) or localisation responses (a peak at finite frequency with $\sigma(\omega\to 0)\simeq 0$). The optical conductivity can be calculated in the same framework of the inelastic tunneling formalism. Under the conditions of diffusive tunneling, the functional dependence of the conductance $\sigma_c(V)=I(V)/V$ on the applied voltage is equivalent to the frequency dependency

dence of the optical conductivity $\sigma_c(\omega)^5$. The c-axis optical conductivity $\sigma_c(\omega)$ can be calculated numerically (see Fig. 1). The magnitude of the conductivity $\sigma_c(\omega)$ is arbitrary in Fig. 1, because the tunneling matrix element varies for different materials (while there is an upper bound on the incoherent conductivity (Eqn. 2), there is no lower bound). The suppression of the c-axis conductivity at low frequencies is due to the soft Coulomb blockade effect^{7,12}, namely, the tunneling is suppressed by the slow diffusive spreading of the electron from the tunneling point. The frequency scale of the suppression of the conductivity is essentially given by $2\pi\sigma_{2D}\kappa$.

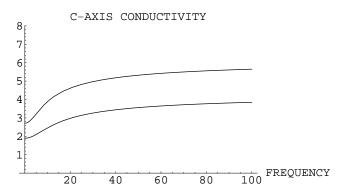


FIG. 1. The c-axis optical conductivity $\sigma_c(\omega)$ as a function of frequency ω for two different temperatures. The parameter α is chosen to be 1. The lower curve is for the lower temperature.

Some systematics of the interlayer conducting properties of the cuprates can be understood from the viewpoint of the Coulomb blocking of the tunneling by the voltage fluctuations. The most appropriate materials (not complicated by the proximity to the regime of the anisotropic band transport) to test the theory are the strongly anisotropic cuprates like Bi-2201 and Bi-2212(only inter-cell hopping which determines the transport properties is considered here). These materials have the incoherent c-axis conductivity (clearly seen by the nonmetallic temperature dependence of the conductivity) throughout most of the phase diagram as a function of doping. The effective integrated weight of the voltage fluctuations α (Eqn. 9) can be determined from the inplane optical measurements¹³. Then the temperature dependence of the conductivity $\sigma_c(T) \sim T^{\alpha}$ can be tested experimentally. The estimates for the parameter α for various cuprates give values $1 < \alpha < 5$ (up to the uncertainty of the upper cutoff frequency ω_c), which are consistent with the exponents of the temperature dependence of the c-axis conductivity. Unfortunately, as mentioned above it is difficult to apply the theory to some cuprates in the proximity of the crossover to the anisotropic band propagation (as a function of the doping or temperature), because the voltage fluctuation spectrum depends sensitively on various factors.

The pseudogap suppression of the c-axis conductivity is explained by the proposed model to be due to the Coulomb blocking of the tunneling. Because with underdoping the in-plane conductivity σ_{ab} is reduced, the "pseudogap suppression" of $\sigma_c(\omega)$ is consistently expected to be more pronounced due to the increase of the parameter α (in agreement with Eqn. 9). Since the c-axis conductivity depends exponentially on the parameter α , the c-axis conductivity σ_c is suppressed stronger than the in-plane conductivity upon underdoping in agreement with experimentally observed increase of anisotropy $\rho_c/\rho_{ab} = \sigma_{ab}/\sigma_c$. The interlayer tunneling spectroscopy experiments provide a support for the proposed picture¹⁴. Other aspects of the model are consistent with optical measurements of the conductivity $\sigma_c(\omega)$ in the normal state of cuprates¹⁵: in addition to the "pseudogap" suppression at low frequencies the caxis conductivity $\sigma_c(\omega)$ is suppressed in a wide range of frequencies upon lowering the temperature, and the spectral weight transferred to frequencies above the bare tunneling matrix element frequency t_{\perp}/\hbar .

The understanding of a whole set of phenomena associated with the pseudogap observed for the underdoped cuprates is essential to describe consistently the c-axis transport properties of cuprates, and this problem is not addressed here. The applicability of the proposed theory to cuprates is quite limited, because the in-plane density of states ν_{2D} was assumed constant. Nevertheless, the c-axis "pseudogap" suppression of the conductivity is shown to arise due to the soft Coulomb blockade even for the constant in-plane density of states close to the Fermi surface. Possibly, it describes the c-axis optical conductivity of Sr_2RuO_4 above 130 K (no apparent pseudogap suppression was observed for the in-plane properties in this material).

In conclusion, the incoherent interlayer conductivity of layered materials is proposed to be due to the dampening of the interlayer tunneling by the voltage fluctuations. The power-law for the temperature dependence of the caxis conductivity is expected, with the exponent of the power-law determined by the integrated weight of the voltage fluctuations. The "pseudogap" suppression of the c-axis conductivity at low frequencies (or low voltages) results from the Coulomb blocking of the tunneling.

This work has benefited tremendously from fruitful discussions with A.J. Leggett.

¹ For a review, S.L. Cooper, K.E. Gray in *Physical Properties* of *High-Temperature Superconductors IV*, D.M. Ginsberg, Ed. (World Scientific, Singapore, 1994), 61-188.

 $^{^2}$ P. W. Anderson, *The Theory of Superconductivity in the High-T_c Cuprates* (Princeton University Press, Princeton, 1997).

- ³ T. Katsufuji, M. Kasai, and Y. Tokura, Phys. Rev. Lett. 76, 126 (1996).
- ⁴ J.J. McGuire *et al*, cond-mat/0103237, L. N. Bulaevskii, Sov. Phys.-Usp. **18**, 514 (1975).
- ⁵ M. Turlakov, A.J. Leggett, Phys. Rev. B **63**, 064518 (2001).
- ⁶ Y. B. Xie, Phys. Rev. B **45**, 11375 (1992).
- ⁷ M.H. Devoret, D. Esteve, H. Grabert, G.-L. Ingold, H. Pothier, and C. Urbina, Phys. Rev. Lett. **64**, 1824 (1990).
- ⁸ M. Turlakov, Ph. D. Thesis, University of Illinois at Urbana-Champaign, 2000.
- ⁹ G.D.Mahan, *Many-Particle Physics* (Plenum Press, New York, 1981), A. Barone, G. Paterno, *Physics and Applications of the Josephson effect* (John Wiley & Sons, New York, 1982).
- T. Xiang, W.N. Hardy, Phys. Rev. B 63, 024506 (2001),
 O.K. Andersen, O. Jepsen, A.I. Liechtenstein, and I.I. Mazin, Phys. Rev. B 49, 4145 (1994).
- ¹¹ It is convenient to use throughout this paper SGS of units in which 3D conductivity (e.g. $\sigma_{ab} = \sigma_{2D}/d$) is measured in units of frequency (s^{-1}) : $(\Omega cm)^{-1} \simeq 10^{12} s^{-1}$.
- ¹² B.L. Altshuler, A.G. Aronov, P.A. Lee, Phys. Rev. Lett. 44, 1288 (1980). The nonperturbative result was also derived by other methods: Yu. Nazarov, Sov. Phys. JETP 68, 561 (1990), L. Levitov, A. Shytov, JETP Lett. 66, 215 (1997).
- ¹³ D.B. Tanner, T. Timusk in *Physical Properties of High-Temperature Superconductors, v. I and III*, D.M. Ginsberg, Ed. (World Scientific, Singapore, 1994), S. Uchida *et al*, Phys. Rev. B **43**, 7942 (1991).
- ¹⁴ V.M. Krasnov *et al*, Phys. Rev. Lett. **84**, 5860 (2000), M. Suzuki, T. Watanabe, Phys. Rev. Lett. **85**, 4787 (2000), Yu. Latyshev *et al*, Phys. Rev. Lett. **82**, 5345 (1999).
- ¹⁵ D. N. Basov *et al*, Science **283**, 49 (1999), S. Uchida *et al*, Phys. Rev. **53**, 14558 (1996).